

You Can Help! Donate



www.crawfordmentalhealth.org

FACT, Inc. exists to provide philanthropic support for mental health and substance use disorder treatment programs. You can make a contribution online, or by calling 620-231-5130.

Mental Health First Aid Training

Learn the potential warning signs and risk factors for depression, anxiety disorders, trauma, psychotic disorders, eating disorders, and substance abuse disorders. Visit our website for upcoming class registration, www.crawfordmentalhealth.org



About Crawford County Mental Health

Crawford County Mental Health Center offers mental health and substance abuse treatment programs to serve adults, children, and families in Crawford County regardless of ability to pay.

We accept most insurance, Medicaid, Medicare, and offer a sliding scale fee for individuals with limited financial resources.

Services

- Adult Services
- Children's Services
- Crisis Services
- Substance Abuse Services



Discovery



*Transforming Lives...
One Person At A Time*



620-231-5130

crawfordmentalhealth.org

Crawford County Mental Health Center
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911 E Centennial
Pittsburg, KS 66762
crawfordmentalhealth.org
620-231-5130
620-232-SAVE (7283)

Qualified therapists, psychiatrist, and nurse practitioners are available.

Conscious Discipline

Conscious Discipline by Dr. Becky Bailey emphasizes the importance of ritual and routine for young children to thrive.

Children are taught by adults who understand their role in creating a safe place to make connections with others and to learn how to solve problems with others.

Children are taught in a safe environment how to calm themselves, make good choices, how to be kind and helpful, how to stand up for themselves, how to work well with others, and how to learn from mistakes they make.

Discovery Group

Discovery center offers mental health services for children ages 30 months through 5 years, based on their individual need.

Children that are having difficulties in home, community, or child-care may require community based services we offer.

Children are assessed for services through a clinical intake by calling 620-232-3228.

Our program is based upon three influences: the research of Dr. Bruce Perry emphasizes doing patterned, repetitive, rhythmic activities; Conscious Discipline by Dr. Becky Bailey emphasizes teaching children to learn emotional regulation through ritual and routine; S.M.A.R.T. (Sensory Motor Arousal Regulation Treatment) teaches social-emotional skills and self-regulation through activities and movement.

S.M.A.R.T.

(Sensory Motor Arousal Regulation Treatment)

S.M.A.R.T. (Sensory Motor Arousal Regulation Treatment) teaches young children the playful skills necessary to learn how to calm themselves when upset, mad, sad, or afraid.

They learn these skills with a coach (therapist or case manager) that supports the child in choosing an activity that helps them clam. The coaching role helps show the child how to calm until the child can learn to do it on their own.

This model was developed primarily for children who have experienced difficult and hurtful things in their life.

