

TREATMENT (ACT) PROGRAM

Assertive Community Treatment is a way of delivering a full range of services to individuals who have been diagnosed with a severe and persistent mental illness (SPMI). ACT's goal is to give clients comprehensive community care and to support them to live a life that isn't dominated by their mental illness.

WHY ACT?

- To reduce the use of inpatient psychiatric services.
- Increase housing stability.
- Support substance abuse outcomes.
- Provides services in the community to support client's needs for improved effectiveness of services.
- To minimize client distress in crisis and improve overall stability.

WHO IS ON THE TEAM?

- Team Coordinator/QMHP
- Community Support Services Case Manager
- Housing Support Specialist
- Psychiatric Provider
- Registered Nurse
- Substance Use Disorder Counselor
- Peer Support Specialist
- Employment Specialist



QUESTIONS?

Call 620-231-5130

WHO IS ACT FOR?

A small group of patients who are diagnosed with severe persistent mental illness (SPMI), experience severe symptoms and have the most serious challenges living independently. These are our most high-risk patients.

WHAT IS SPMI?

SPMI are those whose symptoms are prolonged and recurrent, impair daily activities of daily living and require long-term treatment.

WHAT IS ASSERTIVE COMMUNITY TREATMENT?

Providers going the extra mile to support and empower patients. We bring the services to the patient, by meeting them where they are at.

WHAT MAKES ACT DIFFERENT?

- **A team approach.** Psychiatrists, nurses, mental health professionals, and employment specialists join together to provide community members with individualized care.
- **Services are provided *where they are needed*.** Clients receive ACT services in their homes, where they work, and in other settings in the community where support is needed for optimal service provision.
- **Services are provided *when they are needed*.** ACT services are available 24 hours a day, 7 days a week. A team member is always available to handle emergencies.