

PARENT-CHILD INTERACTION THERAPY (PCIT)

ASK FOR IT BY NAME: PCIT

? WHAT IS PCIT?

Parent-Child Interaction Therapy teaches caregivers new ways to play and interact with toddlers and children aging from 12 months to 7 years old.

Caregivers learn skills that decrease problem behaviors and lower their stress through sessions and real-time coaching. For a more detailed explanation, check the back.

PERSON IS PCIT RIGHT FOR MY FAMILY?

PCIT teaches you to interact with children who show behaviors such as:

- Frequent temper tantrums
- Destructive behavior or aggression
- Not listening to adults or peers
- Difficulty playing with other children
- Problems sitting still

FAMILIES HAVE EXPERIENCED:

↓ REDUCED

- Tantrums and stress
- Aggression
- Depression and anxiety

↑ IMPROVED

- Relationships
- Ability to stay in control at home and in public
- Trust

