



## **Charissa Nelson, LPC Counselor**

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*"I was drawn to psychology because I've always been fascinated by the science behind how we think, feel, and behave. But beyond the theories, it's the deeply human side of this work that inspires me—the chance to support people through life's challenges with empathy and guidance and help them build healthier, more fulfilling lives. What motivates me most is seeing even the smallest steps forward in someone's journey and knowing that I get to walk alongside them as they grow."*

### **About**

Charissa Nelson joined Crawford County Mental Health Center in January 2025. Passionate about psychology and mental health, she brings a fresh perspective, strong foundational knowledge, and a dedication to continued professional growth. Charissa is currently contributing to the Substance Use Disorders Division and is excited to be part of a team committed to making a meaningful impact in the lives of others.

### **Education**

- Master of Science in Clinical Psychology | *Pittsburg State University*

### **Specialties and Focus Areas**

- Substance Use

### **Age Group(s) Served**

- Adults 18 and up

### **Fun Fact:**

When Charissa isn't helping others, she's likely repotting a succulent that probably didn't need it—but looked like it could use "a change."

